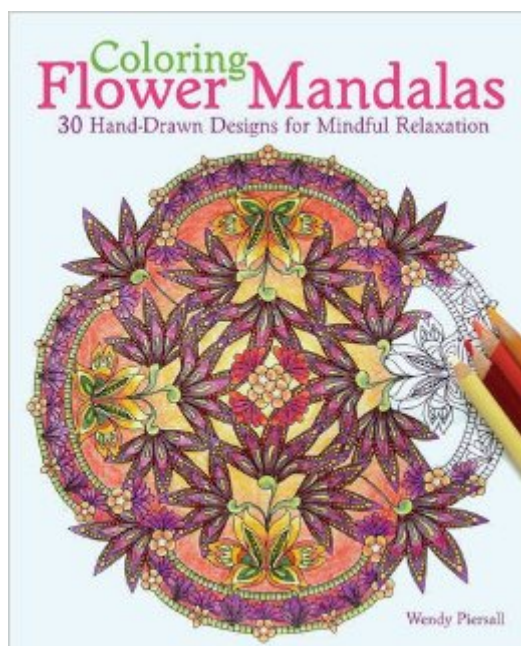


The book was found

# Coloring Flower Mandalas: 30 Hand-drawn Designs For Mindful Relaxation



## Synopsis

ATTAIN FOCUS, CLARITY AND PEACE WHILE ADDING BRIGHT AND INSPIRING COLORS TO THESE UNIQUE FLORAL PATTERNS Relax, focus, reach a higher state of mindfulness and simply enjoy yourself as you artfully fill in the intricate shapes. Coloring Flower Mandalas offers you a garden of inspiring blooms, including:â € Orchidsâ € Rosesâ € Gardeniasâ € Vinesâ € Liliesâ € Sunflowersâ € Loutusesâ € Marigoldsâ € Poppiesâ € Tulips

## Book Information

Age Range: 3 and up

Paperback: 64 pages

Publisher: Ulysses Press; Csm edition (May 12, 2015)

Language: English

ISBN-10: 1612434576

ISBN-13: 978-1612434575

Product Dimensions: 7.5 x 0.2 x 9.2 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (103 customer reviews)

Best Sellers Rank: #344,980 in Books (See Top 100 in Books) #286 inÂ Books > Arts & Photography > History & Criticism > Themes > Plants & Animals #602 inÂ Books > Crafts, Hobbies & Home > Crafts & Hobbies > Papercrafts, Stamping & Stenciling > Papercrafts #681 inÂ Books > Arts & Photography > Graphic Design > Techniques > Use of Color

## Customer Reviews

Such a wonderful collection of 30 stunning, imaginative, meticulously detailed, unique flower mandalas, a few medium detailed, but most very detailed. There is something so calming and relaxing about coloring mandalas and I especially love this book of mandalas with its beautiful flower themes.If you like the cover picture, you will love the pictures inside this book, all are beautiful and captivating.This book is a perfect addition to your coloring library, or a gift for college students, or adults who enjoy coloring, and a much easier way to reduce stress than going to the gym.This book is perfect for colored pencils, gel pens, or ultrafine markers. Some gel pens and markers bleed through the pages so use paper under the page.1. 30 beautiful, flowing Illustrations printed one per page (the back of each page is blank) on medium weight , bright white paper2. All markers that I tested (Triplus fineliners, Bic Mark-it ultra fine, Sharpies ultra fine, Pentel , ) leak through the page so place 2 pieces of paper under the page you are coloring and leave it until it is dry to prevent

damage to the next page.<sup>3</sup> Fiskars Gel pens did not leak through the page, Irma Gel pens did so test your gel pens.<sup>4</sup> This book is 7 1/4 inches by 9 1/4 inches<sup>5</sup>. The circular mandalas are centered on the page and average 6 inches across, not much smaller than a full sized books mandalas.<sup>6</sup> At the bottom of each page there is text (Coloring Flower Mandalas) is printed under each image?

Oh my gosh, these designs are absolutely gorgeous and I'm addicted to coloring them! I can't get enough!

I bought this coloring book so my daughter and I could have fun bonding time together without her asking why I wasn't coloring but I also wouldn't have to deal with coloring another poorly outlined fairy princess. Much to my surprise I really enjoyed coloring in this book and was impressed with the quality. Each flower Mandala is different and the designs really are unique from one another. The line shading is thin and well printed so even the smallest of circles could be filled in. It was definitely difficult to color in each mandala well and it kept me occupied for some time. Do note though, this really isn't a coloring book for children. Crayons or markers will be too imprecise and you really need a good set of colored pencils to use this book to it's full potential. My daughter (5 yrs.) gave it a try but soon got bored and scribbled all over page as was expected. However, I hope it has given her something to work towards. I know it has given me a nice new relaxing hobby and some good quality father/daughter time.

The pictures were lovely, with a wide variety of spaces, shapes and flowers to color. There is something very therapeutic about being able to color a petal, rotate the picture a bit and then color the next petal, working round and round the picture slowly before moving to the next bit, which I imagine was the entire point. After I am done coloring, I feel relaxed and at peace, ready to face the rest of my day, which is something lately I've had some trouble with. I look forward to every new picture and how it makes me feel! My only issue was the my subpar colored pencils did not stand up to the depth and detail needed, so I had to upgrade my art supplies- which is less of a bad issue than a perfect opportunity to buy new supplies, something any artist (pro or amateur) will tell you is always a good thing.

This book is a lot of fun. A nice mix of beautiful flower mandalas at all levels of detail. I am enjoying this book. I have used colored pencils, gel pens, brush tip markers, and Staedtler neon and regular

colored fine line pens on the designs. All have produced a lot of color. The brush tips leaked through the back of a page but I put a piece of paper between images to avoid color transfer. A fun, relaxing book with many creative coloring options.

Although this wasn't my favorite book, I will say there are some really cool illustrations to color here. Most of which are VERY detailed ( I skipped quite a few.) I had to use my Staedtler triplus fineliners to fill the tiny spaces. Each illustration is printed on one side, the paper is not perforated. They're printed close to the binding, so you have to take care if you choose to remove a page from the book. I would lay the book out and gently bend it a bit, so I could tear it from as close to the binding as possible. Then I used my Fiskars paper trimmer to clean up the edge. I recommend using a scrap of paper underneath, as there will be a fair amount of bleeding. Overall I did enjoy coloring some of these illustrations, others just weren't my cup of tea.

This book started my love affair with adult coloring books. The designs are complex but not impossible, interesting, and completely beautiful. This book is so much fun. It gives you a ton of freedom to color these gorgeous designs- I can't stop adding color and my own touches to all of these mandalas. It's such a stress reliever to sit at the end of a long day and turn on the television and decorate a page. I liked it so much; I bought one for a friend! I can't wait to compare our pages and see how they are similar or different. I love flipping through pages I've already done and seeing how the designs turned out. It's a way to be creative without stressing my mind out too much- I save big crafts or projects for the weekend, and get my creativity flowing throughout the week with these books. This is the first one I picked up, and still the prettiest.

[Download to continue reading...](#)

Coloring Flower Mandalas: 30 Hand-drawn Designs for Mindful Relaxation Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Hand-Drawn Mandalas Coloring Book, Volume One: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Mindful Mandalas: A Mandala Coloring Book: A Unique & Uplifting Mandalas Adult Coloring Book For Men Women Teens Children & Seniors Featuring ... Relaxation Stress Relief & Art Color Therapy) #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) 100 Mandalas: Adult Colouring for Relaxation (Mindful Mandalas) (Volume 1) Donkey Coloring Book: 30 Hand Drawn, Doodle and Folk Art Style Donkey Adult

Coloring Designs (Animal Coloring Books) (Volume 1) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna flowers geometric & animal designs MINDFULNESS Coloring Book: Relaxation Series : Coloring Books For Adults, coloring books for adults relaxation, coloring book for grown ups, COLORAMA Coloring Book (Volume 1) Flower Designs Coloring Book: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) (Volume 1) Easy Mandalas Mandalas For Beginners Adult Coloring Book (Sacred Mandala Designs and Patterns Coloring Books for Adults) (Volume 81) Sweary Coloring Book: Swear Words Relaxation for Adults with Mandalas & Paisley Designs (Swear Word Adult Coloring Book) (Volume 1) Mandalas and More Coloring Book Treasury: Beautiful Designs for Relaxation and Focus (Coloring Collection) Creative Haven Flower Mandalas Coloring Book: Stunning Designs on a Dramatic Black Background (Adult Coloring) Adult Coloring Book Designs: Stress Relief Coloring Book: POKEMON Designs for Coloring Stress Relieving - Inspire Creativity and Relaxation of Kids And Adults (Volume 1) Hand-Lettering Ledger: A Practical Guide to Creating Serif, Script, Illustrated, Ornate, and Other Totally Original Hand-Drawn Styles Mandala Coloring Book: 100+ Unique Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Magnificent Mandalas) (Volume 1) Brilliantly Vivid Color-by-Number: Flowers and Mandalas: Guided coloring for creative relaxation--30 original designs + 4 full-color bonus prints--Easy tear-out pages for framing Swear Word Coloring Book. 40 Unique Designs: Swear and Relax Coloring Book. Release Your Anxiety and Stress( Sweary Beautiful Designs : Flowers, Mandalas, Patterns) Adult Coloring Book Designs: Stress Relief Coloring Book: Garden Designs, Mandalas, Animals, and Paisley Patterns

[Dmca](#)